



Cardiac & VeinwoRx

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Renal Arterial/Abdominal Aorta Ultrasound Patient Preparation

Renal arterial ultrasound is an imaging procedure that uses ultrasound waves to examine the renal arteries, which are the blood vessels that supply the kidneys/ Abdominal aorta ultrasound is an imaging test that uses sound waves to examine the aorta, the main artery that carries blood from the heart to the rest of the body.

We have special instructions for you to follow prior to your exam:

1. You need to be fasting six hours prior to your test.
2. You will need to purchase an over the counter anti-gas medication called "GAS-X"
3. **If your test is scheduled for the morning, please do not eat after midnight the night before.** Take 2 "GAS-X" tablets one hour before your test.
4. **If your test is scheduled for the afternoon, you may have a light breakfast such as juice and toast, before 7am.** Take 2 "GAS-X" tablets after breakfast.
5. If you have a problem being "gassy" most of time, you may need to take another 2 "GAS-X" tablets an hour prior to the test.

***IMPORTANT:**

*Please do not eat any gaseous foods the day before your test. Such: raw vegetables, beans, ect.

*Please do not drink coffee, caffeine or carbonated beverages after 6pm the evening before testing.